



Hastings Family Service

Providing Help and Hope to our Neighbors since 1970

The people of the Hastings area reaching out as Family in support and Service to one another.

FEBRUARY 2021



Join the City-Wide Food Fight!



2021 Board of Directors

- | | | |
|---------------------------------|-------------------------------|------------------------|
| Michael Swanson, President | Katy Lindberg, Vice President | Pam Oeffler, Secretary |
| David Fransen, Chair of Finance | Melissa Freiermuth | Peggy Horsch |
| Brandi Poellinger | Tim Stanley | Dr. Nick VenOsdel |
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Straight Ahead in 2021



Chris Koop
Executive Director

Last year, the front cover of our newsletter featured a picture of our co-founder, Lew Linde (see page 3). He was doing what he loved... supporting the mission of HFS. We are saddened by his passing and continue to remember and celebrate the impact he made at HFS and in our community over the past 50 years. One of Lew's "passion statements" was "Straight Ahead!" It has influenced HFS more than I ever realized. In 2005, HFS did its first Strategic Plan and I invited Lew to join us. The staff and board had never participated in strategic planning and I remember it feeling kind of awkward. Lew

modeled that "straight ahead" mentality with his positive and possible thinking, with his "big picture" ideas, and with his forward-thinking contributions. I realize today that Lew guided us to be strategic and encouraged us to build sustainability, and we are committed to carrying on his legacy of help and hope.

You will see great examples in this newsletter of that "straight ahead" culture of creativity and community response. We have not only worked hard to meet an increased demand during the pandemic, but we have expanded and prioritized services within the Market, our HFS food shelf, to add options and increase access to food for our neighbors.

HFS continues to benefit from strong, forward-thinking leaders who like Lew, are committed to helping HFS meet the needs of this community today in a pandemic and into the future. This year, we welcome new board members Brandi Poellinger, Community Relations Manager of Allina Hospital, Dr. Nick VenOsdel, Pediatrician with Allina Hospital, and Peggy Horsch, who is recently retired as Civil Division Head of the Dakota County Attorney's office.

Thank you to all who have shared your time, talent and gifts with HFS over the past 50 years. As we look to the future, I can hear Lew saying "Straight Ahead!"

Chris Koop

Chris Koop
Executive Director

Thank You!

Thank you to Debbie Grimm, past President, and Chad Richardson, former Chair of the Fundraising/Marketing committee, for their years of dedicated service on the HFS Board of Directors.

In Memoriam

HFS is deeply saddened by the loss of Board member Tony Bolstorff who would have completed his term in 2020. Tony had a servant's heart and he will be deeply missed.



Debbie and Chris at Gobblegait 2018!



Hastings Family Service

Staff:

Chris Koop

Executive Director

Joannie Becker

Meals on Wheels Assistant

Jessica Bierbrauer

Office Manager

Kelly Carter

Development & Community Relations Coord.

Sue Hill

Meals on Wheels Coordinator

Mary Kells

Rivertown Treasures Store Manager

Mary Kocak

Programs Director

Maddie Milliren

Programs Coordinator

Desirée Olson

Programs Manager

Maria Slavik

Volunteer & Communications Coordinator

Amy Sutton

Associate Director

Find Us Online:



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www.hastingsfamilyservice.org

50 Years of Impact made Possible by YOU!



Amy Sutton
Associate Director

It was a 50th year we will never forget... not exactly what we planned, but the pandemic made it even more apparent that a resource like HFS is needed in the community. It also made us incredibly grateful to those who had the vision so long ago of a community that takes care of each other.

We lost one of those visionaries, co-founder Lew Linde, to COVID-19 and that loss is felt deeply within our community

and organization. In his honor, we have named our multi-purpose room at HFS "The Linde Room" and the HFS board also pledged to transfer an amount equal to the memorial gifts received in honor of Lew to our endowment. You see, Lew was a visionary, and over 20 years ago, he started an endowment at the Saint Paul Foundation to sustain HFS in the future. He added a major gift to that endowment in his final days. Lew's legacy included making sure HFS would always be here to provide help and hope in the community he loved.

A primary goal as we enter our next 50 years is to build sustainability, and we invite you to be a part of this community's legacy of help and hope by sharing a gift in your will, trust, retirement account or life insurance. Designating HFS as a beneficiary begins a legacy, like Lew, that will last your lifetime and long after! 50 years... made possible by YOU! Another 50 years... what that will look like will depend on each of us.



Thank you Lew!
This world is a better place and our community is stronger because you were here.

IRA Contributions:

If you need to take a required minimum distribution from an IRA, consider sending it directly to HFS as a Charitable gift. With a direct transfer to a qualified nonprofit like HFS, it counts toward your required minimum distribution and reduces your taxable income. Keeping your taxable income lower can reduce the impact to your Social Security and Medicare. Contact your financial advisor to determine if this is good option for you!



Thank you Gobble Gait organizers and sponsors!
Even with an at-home Gobble Gait, \$60,000 was raised from generous sponsors and Gobble Gear sales!



HFS Needs Your Help Honoring 50 Years of Help and Hope!

As HFS celebrates 50 years in the community, we recognize that the foundation for the help and hope available today was built by the people who came before us... volunteers, staff, supporters, and the neighbors served.

As we look to the future, we also want to honor the past and all who have worked so hard to create and maintain HFS as a community resource.

Please share your memories, pictures or a favorite story about HFS over the past 50 years. Email amysutton@hastingsfamilyservice.org or go to our website at www.hastingsfamilyservice.org and click on Share Your Story.

March is Minnesota

Every dollar and every pound of food receives a



Most Needed Items:

- #Macaroni and Cheese
- #Jelly or Jam
- #Pancake Mix & Syrup
- #Saltine Crackers
- #Tuna/Canned Meat
- #Soup: Chicken, Vegetable, Tomato
- #Chili, Stew, Beef Ravioli, or Chow Mein
- #Side Dishes: Rice, Potatoes, and Pasta
- #Pasta Noodles and Spaghetti Sauce
- #Canned Fruit and Vegetables
- #Mayo or Miracle Whip
- #Sugar, Flour
- #100% Fruit Juice
- #Feminine Hygiene Products
- #Laundry Detergent
- #Toilet Paper
- #Dish Soap
- #Bar Soap



Join the City-Wide Food Fight!

The City-Wide food fight will look a little different this year due to the ongoing COVID-19 pandemic, but listed below are a variety of ways you can safely participate and fight hunger as an individual, family, group, business, or church:

- ..# Donate what you would have spent on a ticket to Hastings Tastings! \$35 feeds a family of 5 for over a week!
- ..# Clip the most needed items list on this page and add a few items to your grocery list to pick up or add to your delivery order each week. Donation drop-off outside the HFS Donation Center is safe and easy!
- ..# Purchase a prepacked grocery bag at Cub. HFS most needed items are already prepacked and located near the registers for a quick purchase. There is a bin located near the west exit to place the bag inside on your way out the door.
- ..# Round up your purchase to the nearest dollar at Spiral Food Co-op to support HFS during MN FoodShare.
- ..# Shop and then drop off food and personal care items in one stop using the collection bin located at the Walmart grocery entrance.
- ..# Add the HFS City-Wide Food Fight frame to your Facebook profile picture and help spread the word! Go to the HFS Facebook page for instructions!
- ..# Text to Give: Did you know you can give directly from your phone? Text "DONATE" to 651-240-2725.
- ..# Set up a food collection box at your church or business. Set a fun goal to collect 100 cans of soup or 100 rolls of toilet paper and provide a box for safe and easy drop off.

Food Share Month

PROPORTIONATE MATCH from MN FoodShare

How to Drop Off Food and Monetary Donations



Monetary gifts can be safely made online, via text, through the mail, or they can be dropped off in the secure donation drop box located at the Rivertown Treasures Store door.

Food and personal care items can be dropped off using the grocery cart in front of the Donation Center doors. Place your donation in the cart and then call 651-437-7134 to let us know it is there. If it is from a group or event, be sure to let us know that as well!



Reminder: at this time Rivertown Treasures is unable to accept clothing and household donations. Please do not leave these items in the cart, at the doors, or in the alley.



Drive Up and Make a Difference!

On Sunday, March 21, HFS will have the Market on the Move van (see page 6) in the Coborn's parking lot from 10 a.m. to 2 p.m. Drive up and safely drop off your food or monetary donation and check out the new mobile food outreach HFS is piloting this year. Every dollar and every pound of food will be proportionately MATCHED by MN FoodShare!



Please help HFS with a "reverse" Hastings Tastings to thank and support the restaurants that have generously been a part of Hastings Tastings over the past 25 years!

2nd Street Depot
Alexis Bailly Vineyard
American Legion
Applebee's Bar & Grill
Busted Nut Bar & Grill
Coborn's Deli
Cub Deli & Bakery
Culver's
Dugarel's Bar & Grill
Dunn Brothers
Emily's Bakery & Deli

Froth and Cork
Green Mill Restaurant & Bar
Hastings Bierstube
Hastings Public House
Jimmy John's
Lock & Dam Eatery
M&H Gas Convenience Store
Me & Julio
Perkin's Restaurant & Bakery
Spiral Brewery
Spiral Food Co-op

- ..# HFS will be highlighting our restaurant partners throughout MN FoodShare on Facebook.
- ..# We encourage you to participate in by dining in or ordering a meal for takeout or delivery from a local establishment that you would have enjoyed at Hasting Tastings this year.
- ..# Please take a photo of your dining or take-out experience, share it on Facebook to help spread the word, and tag #hastingsfamilyservice.
- ..# HFS will randomly draw a winner from the posts to win a \$50 gift card from the restaurant featured in your photo!

The Market

HFS Program

Hastings Family Service food assistance options include:



Market Food Shelf

Food Order from Hastings Family Service

The Market Food Shelf provides people in need of emergency, short-term assistance with a seven-day supply of groceries including fresh or frozen meat, milk and dairy, fruit and vegetables, canned and packaged food items and personal care items. A food shelf order can be requested once per month with additional services available if that does not meet the full need of the family or individual. Advance sign up is required by calling HFS at 651-437-7134.



A typical Market Food Shelf order for a family of four



Market Express

Express Food Pick Up from Hastings Family Service

Market Express is an express drive-thru food pick up on scheduled dates throughout the month. Market Express is a 3-4 day supply of food and may include: meat, bread, dairy, produce, and dried goods (contents will vary). Advance sign up is required, and neighbors may sign up at any time to help feed your family or stock your pantry.



A typical Market Express pick up



Market Cart

Produce for Seniors from Hastings Family Service

Market Cart provides fresh produce delivered to seniors currently participating in the Nutritional Assistance Program for Seniors (NAPS), receiving Meals on Wheels through Hastings Family Service, or residing at one of the Hastings senior community buildings (Mississippi Terrace, Oak Ridge Manor, or Rivertown Courts). Participants receive a manageable portion of fresh produce, including items like, bananas, apples, oranges, potatoes, carrots, lettuce, tomatoes, onions, frozen vegetables, and frozen berries.



A typical Market Cart delivery

Coming Soon!



Market on the Move

Mobile Food Outreach from Hastings Family Service

Market on the Move will deliver hunger-related programs and services from Hastings Family Service out into the Hastings area communities. A new refrigerated van will also allow HFS to participate in additional food rescue efforts. HFS will begin piloting mobile food outreach into the community in 2021.



The Meals on Wheels program has experienced significant growth in the past year. The program allows seniors to stay safe at home, while still getting the nutritious meals and a friendly wave from a volunteer that they need to stay healthy!



Meals on Wheel provided meals for 129 Hastings seniors in 2020.



180 volunteers delivered meals last year, volunteering a total of 2,191.5 hours.



12,863 healthy and nutritious meals were delivered last year.



2 extra delivery routes were added in 2020.



The Meals on Wheels program has increased 33% since 2019.



Meal delivery has remained safe for seniors, volunteers, and staff during the pandemic.

For more information on receiving Meals on Wheels for yourself or a loved one, call 651-404-1548 or visit www.hastingsfamilyservice.org



Project Share provided gifts for children and holiday meals for individuals and families in 2020, maintaining important holiday traditions for families during a difficult year.



485 children received gifts through the Adopt a Family program



237 holiday meals were distributed



957 individuals were served through Project Share in 2020.

Join the city-wide
Food Fight against Hunger!
All monetary gifts
and pounds of food are
proportionately MATCHED
by MN FOODSHARE!



See page 4 for details.



Hastings Family Service

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Hastings, MN 55033

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Save the Date!



Hastings Family Service

50 YEARS OF HELP AND HOPE

Mark your calendars for a special
online event on Tuesday, April 20,
celebrating the 50th Anniversary of
Hastings Family Service.

Details will be available at
www.hastingsfamilyservice.org



Drive Out Hunger

GOLF TOURNAMENT BENEFITING
HASTINGS FAMILY SERVICE

MONDAY, JUNE 14, 2021
HASTINGS GOLF CLUB

Registration and Sponsorship information available in March