



# Hastings Family Service

Providing Help and Hope to our Neighbors since 1970.

The people of the Hastings area reaching out as Family in support and Service to one another.

FEBRUARY 2019



## March is MN FoodShare Month!



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### 2019 Board of Directors

Debbie Grimm, President   Chad Richardson, Vice President   Pam Oeffler, Secretary

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Michael Swanson   Dave Wilske   Mike Woog   Caleb Wyre



**Chris Koop**  
Executive Director

**Defining Moments...**

Voices of desperation at the end of the phone... A child munching hungrily on an apple while her dad weeps... Every person who comes to Hastings Family Service has a different story that opens our hearts to the needs of the people we serve.

My heart breaks each day, but in the next moment, it is filled to overflowing with gratitude and joy as our community rallies to ensure neighbors can find help and hope at HFS. It is such a unique and wonderful thing to be part of a community that takes care of one another.

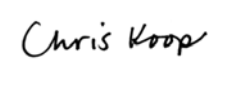
Please join HFS in a City-Wide Food Fight during the MN FoodShare March campaign. This is a chance for the community to come together yet again to stock the Market (the HFS food shelf) for the busy summer months when kids are out of school. Your gifts make an even greater impact with every dollar and pound of food receiving a proportionate MATCH from MN FoodShare.

**Did you know...**

- ... 47% of the people utilizing the food shelf have skipped a meal in the past month because there was not enough money for food. Parents typically skip the meal or eat smaller portions so there is food for the children.
- ... Children make up 53% of the hungry who visit the food shelf. Hungry kids have difficulty learning and have more medical problems and absenteeism than children with adequate nourishment.
- ... The Market food shelf at Hastings Family Service has been part of the community for 49 years!

I will never forget the big brown eyes and crazy curly hair of that little girl munching on the apple... Moments of hope, when neighbors can take a deep breath and know they are not alone, happen every day at HFS because of you.

Thank you!



**Do you have a Thrivent Financial policy or product?  
If yes, YOU HAVE CHOICE DOLLARS TO GIVE AWAY!**

*Please consider designating them to Hastings Family Service.*

**Deadline to distribute your 2018 Choice Dollars is March 31st.**

To designate your Choice Dollars to HFS,  
visit [Thrivent.com/thriventchoice](http://Thrivent.com/thriventchoice).




February 25—April 7

**Hastings Family Service  
Team**

**Chris Koop**  
*Executive Director*

**Joanie Becker**  
*Meals on Wheels*

**Melinda Brown**  
*Emergency Services Manager*

**Kelly Carter**  
*Development & Admin Assistant*

**Sue Hill**  
*Meals on Wheels*

**Mary Kocak**  
*Food Shelf Director*

**Maddie Milliren**  
*Just Friends and Program Assistant*

**Annette Moynihan**  
*Meals on Wheels*

**Sandy Norgaard**  
*Rivertown Treasures Store Manager*

**Maria Slavik**  
*Volunteer & Communications Coord*

**Amy Sutton**  
*Associate Director*



**Amy Sutton**  
Associate Director

## 49 YEARS OF SERVICE... WHAT'S NEXT?!

Hastings Family Service will be celebrating 49 years of service to the community on April 21st and we are already planning a year of celebration when we hit that 50th year!

As we celebrate milestones, we will also be looking ahead. HFS will be completing a strategic plan this year to take us

through the next 3-5 years, ensuring that the programs and services offered are meeting the needs of a changing community and provided in the best possible way. Part of that plan will be a goal of 100 Family Table members—we have 15 to go!

We will also begin work to position the agency to serve the community for another 50 years. The best way to do that is to make sure that we have sustainable funding. Planned giving, often known as legacy giving, is an area of funding that HFS has not promoted much although we have been the grateful beneficiary of a number of generous gifts. We plan to celebrate 50 years with a goal of 50 planned gifts! You will hear more about that in the coming months!

49 years... made possible by YOU! Words cannot express the difference you have made in the lives of our neighbors, volunteers and staff. It is a blessing to wake up each day and go to work at a place you love! Thank you!

### IRA Contributions:

If you need to make a required minimum distribution from an IRA, consider a Charitable Rollover gift to HFS. With a direct transfer to a qualified nonprofit like HFS, it counts toward your required minimum distribution and reduces your taxable income. Keeping your taxable income lower can reduce the impact to your Social Security/Medicare. Contact your financial advisor for details!

### Honor/Memorial Gifts:

This is a beautiful way to recognize someone who no longer wants or needs "things!" It is a special way to honor or remember a life well lived.

### Stock/Gifts of Appreciated Assets:

Give a gift like stock, and you can avoid capital gains taxes that you would have paid if you sold the asset.

## To join *The Family Table*, you can:

1. Choose a direct payment from a checking account. Fill out the authorization on the enclosed envelope and send it in with your voided check. There are no fees with this option.
2. Go to [hastingsfamilyservice.org](http://hastingsfamilyservice.org) and click on *The Family Table* page. Follow the instructions to set up your monthly recurring donation online.
3. You may set up a recurring monthly donation using an electronic funds transfer through your bank account's Bill Pay service. Please notify Amy at HFS if you choose this method.

"Monthly gifts make it easy for me to do a little more each year than if I tried to give one gift. It comes right out of my checking account and HFS sends me a receipt at the end of the year."

Linda, Family Table member for 3 years



## 3M VOLUNTEER MATCH

The 3M volunteer match provides a \$500 grant to schools or nonprofits in recognition of 3M employees/retirees who volunteer 25 hours or more in a calendar year.

HFS will receive a gift of \$6,500 from 3M, recognizing these 12 retirees who provided a combined 2,818 hours in 2018:

Bob Armbruster	John McNamara
Maryce Carl	Joan Peters
Ken Dreher	Marcia Richardson
Kathie Gergen	Butch Wagner
Lois Kelley	Mike Waibel
Norma Kimmes	Julie Wilkins
Jerry Langenfeld	

*Thank you to these volunteers for their amazing commitment and to 3M for recognizing the difference they are making in our community!*

## Every dollar and every pound of food receives a

### Join the City-Wide Food Fight!

As a business, group, school, individual, family, or as part of the faith community, you can hold an event or food and fund drive to fight hunger in our community!

**ALL GIFTS OF MONEY AND FOOD  
RECEIVE A PROPORTIONATE MATCH  
from February 25th through April 7th!**

*Register at [hastingsfamilyservice.org](http://hastingsfamilyservice.org)  
to join the fight!*



#### Fun Food Fight Ideas:

- ... Hold a food or fund drive! Develop a theme and set a goal! Admission to your “event” is food or money for the Market!
- ... Give your kids a dollar for every day their bed is made and donate to HFS.
- ... Have your book club or service group collect food or money during their monthly meeting
- ... Coin or food collections in your class or department
- ... Neighborhood Pantry Clean Out
- ... Denim Days: Set a price and allow your team members to wear jeans
- ... Pack the Pews at your local church
- ... Round-up Dollar Days at your business
- ... Skip a Meal Out—donate the funds saved
- ... Rock the vote: Have team members vote with dollars or cans for who will have to complete an agreed upon activity. They may have to kiss a cow, shovel the walk, or be hit in the face with a pie!



*Mayor Mary Fasbender proclaims a City-Wide Food Fight against hunger during MN FoodShare!*

## PROPORTIONATE MATCH from MN FoodShare

### Hunger is...

- ... Your neighbor
- ... Your friend at school
- ... Your waitress
- ... Your grandparents
- ... Your cashier
- ... or it could be you...



### At the HFS Market Food Shelf...

- ... Hastings Family Service meets the needs of about 100 families each month.
- ... 53% of those served are children.
- ... 77% visit the food shelf two times or less per year.

Together, let's Fight Hunger in our Community!

*Help HFS feed your hungry neighbors!*

**2019 MN FoodShare Goal: \$160,000 and 30,000 lbs of food**



**Monday, March 25**  
**5:30 p.m. – 8:00 p.m.**

**St. Elizabeth Ann Seton Church Social Hall**  
**\$35 advance tickets / \$40 day of event**

*Tickets available now at the following locations:*  
Hastings Family Service | Cub Foods | Coborn's  
Hastings YMCA | ONLINE– [hastingsfamilyservice.org](http://hastingsfamilyservice.org)



**SEE YOU THERE!**

# Project Share - Kindness and Generosity in Action

Page 6



**Maddie Milliren**  
Just Friends and Program  
Assistant

When I started working at Hastings Family Service last year, I knew I would see a lot of struggle. But I didn't realize the amazing generosity and gratitude that I would also see. A great community is not without struggle, but it is with kindness.

Project Share is one of the programs I get to lead and my office is directly across from the room used to meet with families coming in for holiday assistance. It is one thing to see arms filled with gifts, but to hear the

heartfelt interactions between volunteers and families is lifechanging. If ever I wanted to witness the greatness of our community, all I had to do was pause and listen.

One overwhelmed mother was very emotional, wanting to give her daughter a good holiday, but not sure how she could do it. The volunteer listened to her with such kindness and spoke with such encouragement. The mother was filled with gratitude and peace, as was I. The volunteer showed me that there is more than one way of giving.

Thank you to all the individuals, families, businesses, churches, and organizations that made the holidays brighter for the people we serve! It is impossible to list each of you, but please know what a difference your kindness and generosity made in our community!

## Project Share 2018 Recap

- ... Holiday meals were provided to 495 households
- ... 175 Families were adopted
- ... 230 Families were served in the HFS North Pole
- ... Volunteers logged 837 service hours



## Gobble Gait

The Gobble Gait tradition continues, raising \$127,000 in 2018 to support the programs and services of Hastings Family Service! Thank you to organizers Mary Fasbender, Jay Kochendorfer and Brian Radke and their families for their commitment to our community year after year!

Because of you—the organizers, all of the participants, volunteers and sponsors—Hastings Family Service is able to provide help and hope in Hastings. Thank you for making a difference!



Pictured, from top: Hastings Police Department delivers gifts and groceries; HFS Volunteers organize gift tree donations in the HFS North Pole; Local schools collected over 2,000 pounds of food as part of the Merchants Bank 10 Days of Giving campaign; The CP Holiday Train stops in Hastings following the Holiday Train Jamboree hosted by Branchline Church.

## Welcome New Volunteers!

John Callahan - Special Projects • Laurie Chapman - Just Friends • David Housker - Food Shelf Pick Ups  
Ally Kelly - The Market Food Shelf • Mary "Schmitt" Myers - Rivertown Treasures  
Sheri Olesen - Meals on Wheels • Eryka Pluff - Just Friends • Lucas Poole - Donation Center  
Lee Schmidt - Rivertown Treasures • Al Todnem - Food Shelf Pick Ups • Jackie Youle - Rivertown Treasures



## Join the HFS Volunteer Team!

HFS has openings for the following weekly shifts:

### Donation Center:

Friday and Saturday afternoon  
and substitute shifts available.

### Food Shelf Pick-ups:

Friday morning and substitute  
shifts available

### Rivertown Treasures Thrift Store:

Weekday morning and afternoon,  
Saturday, and substitute shifts  
available.

### Just Friends:

Drivers needed

Visit [hastingsfamilyservice.org](http://hastingsfamilyservice.org) to apply online or call Maria at 651-437-7134

**Attention Employers and Civic Groups:** If you are a local business or civic group looking to engage your employees or members in community service, we want to chat with you! We have select weekday volunteer opportunities that would be a great fit for a workplace or group volunteer commitment. Call Maria for more information!

## Save the Date: National Volunteer Week: April 7-13, 2019

Mark your calendars for National Volunteer Week! Hastings Family Service is fortunate to have a dedicated team of just over 400 volunteers who serve in a variety of ways to provide help and hope in Hastings. We will be celebrating our amazing volunteers throughout the week with a variety of activities and events. Volunteers, watch your email for more information!

## Market Cart Brings Produce to Seniors

The Market Cart was launched in November 2017 with the goal of bringing fruits and vegetables into the homes of seniors. We are currently serving seniors who receive monthly NAPS (Nutritional Assistance Program for Seniors), Meals on Wheels recipients, and residents of Oak Ridge, Mississippi Terrace, and Rivertown Court.

As the program has expanded, we are also looking to expand our volunteer support. If you are interested in volunteering with the Market Cart program, please contact Maria at 651-437-7134.



Thank you Allina Health for providing funding and volunteer support to the Market Cart program!

Join the city-wide

Food Fight against Hunger!

All monetary gifts/pounds of food proportionately

**MATCHED** by MN FOODSHARE!



See page 4 for details.



Hastings Family Service

301 Second Street East  
Hastings, MN 55033

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# Join the Food Fight against Hunger at...



Your \$35 ticket purchase helps feed a family of five for a week!

**Monday, March 25th | 5:30-8:00 pm | SEAS Church**

*Have a silent auction item to donate?  
Please contact Kelly at [kelly@hastingsfamilyservice.org](mailto:kelly@hastingsfamilyservice.org).*

More details on page 5 or visit [hastingsfamilyservice.org](http://hastingsfamilyservice.org)

- Supports the Food Shelf • Event Proceeds Matched •
- Silent Auction • Raffles • Cash Bar • Delicious Food •