

HELP AND HOPE SINCE 1970

Receive Help

If Hastings Family Service can be of help to you and your family this summer, please contact us.

651-437-7134



LEARN MORE

Offer Hope

Thank you for considering a gift to support the programs and services at Hastings Family Service. Please use the enclosed envelope, go to our website or scan the QR code below for online giving.



SHARE A GIFT



hastingsfamilyservice.org



JULY 2024

Your gift keeps nutrition within reach — all summer long!

Impact grows with a proportionate
JULY MATCH



Share Help and Hope This Summer

For many families, summer budgets become stretched with kids out of school and childcare costs. On top of rising prices, the need for healthy and nutritious foods increases.

July Donations Make a Greater Impact

Your gift in July keeps the Market food shelf stocked, provides fresh produce for seniors, and shares hope with neighbors.

Every gift received July 1–31 will be proportionately matched by



Help begins with a phone call.



Schedule an appointment
651-437-7134

- Market Food Programs
- Emergency Assistance
- Clothing/Household Vouchers
- Meals on Wheels
- Just Friends Transportation
- School Supply Assistance
- Project Share Holiday Help
- Business Center & Legal Kiosk
- Information & Resources

HFS services are confidential.
Hastings Family Service is an equal opportunity provider.

Stretching Your Generosity

WITH \$10 YOU CAN PURCHASE



WITH YOUR GIFT OF \$10 HFS CAN PURCHASE



HFS is able to maximize your gift by purchasing healthy foods at a significant discount through Second Harvest Heartland.

50%

Of those served in the Market food shelf are children.

2,279

Families received a full food order in 2023.

\$225

Weekly cost of groceries for a family of four without help.*

\$40

With \$40 HFS can feed a family of four for one week.

*Source: www.fns.usda.gov/cnpp/usda-food-plans-cost-food-monthly-reports. Official USDA Thrifty Food Plan: U.S. Average, April 2024: Reference Family

Hope begins with you.

CAROL'S STORY

“As a senior on a fixed income, I was unable to pay my electric bill when my rent increased. HFS helped me apply for and receive utility assistance. By using the Market food shelf, I was able to use some of the money I spend on groceries to pay my other bills, which was a tremendous help. I left my first appointment with so much hope — along with a warm jacket, hat, mittens and boots. HFS always treats me with kindness and compassion!”