



## ADDITIONAL FOOD RESOURCES

### **Hastings Family Service Drive-Thru Food Shelf Pick Up and Delivery Service:**

- Call 651-437-7134 for an appointment and pick up/delivery information. Due to the high volume of calls, please call 2 days in advance to schedule a pick-up.

### **Meals on Wheels**

- Safe, door drop delivery of hot and frozen meals is available 5 days a week. Call 651-404-1548 for more information. Meals are \$5.20 for a hot meal and \$4.00 for frozen entrees. If you receive waived services, speak with your worker about eligibility for meal service. EBT/SNAP benefits may be used to purchase Meals on Wheels.

### **Market Express**

- Market Express is an opportunity for an express drive-thru food pick up and is available to anyone, whether you have visited the food shelf this month or not. A Market Express pick up is a 3-4 day supply of food and may include: meat, bread, dairy, produce, and dried goods (contents will vary). Advance sign up is required. For dates and to Sign up, Call 651-437-7134. Market Express is pick up only.

### **Nutrition Assistance Program for Seniors (NAPS)**

- Free, nutritious food for seniors 60+. Easy to enroll; call Amy Schaffer at Hastings Family Service 651-437-7134. Income eligibility: total gross monthly income for 1 person- \$1473 or under and 2 person \$1984 or under.

### **The Hastings YMCA:**

- Partners with Every Meal to provide Food Bags: free dry goods for meals that serve 2-3 people. Available daily, M-F 8:00-5:00 and are located inside the YMCA entrance.

**Our Saviour's Lutheran Church (Food with Friends):** 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month (Sept - May). 651-437-9052: Located at 400 9<sup>th</sup> St. West, Hastings. To sign up call by Tuesday or online at <https://osel.org/>. Menus available on website. Pick-up at 6:00pm

**Resurrection United Methodist Church:** Every Wednesday during the school year (Sept-May) at 6:00pm. No need to sign up-just show up. 651-437-4398

### **Community Food Distribution at Harbor Church**

- The second Saturday of each month, Harbor Church sponsors a food distribution that provides milk & dairy, meat, fresh produce, and breads, and often non-food items as well. The food distribution will be from 9:30 am until 11 am. A \$20 donation is requested to help keep the food distribution open. You do not need to register. 11125 W Point Douglas Rd, Hastings (651) 493-7974